



**Uka Tarsadia University**

**Kishorbhai Institute of Agriculture Sciences  
and Research Centre**

**Report on Student Orientation Program  
(Batch 2024-25)**

**Day 3: Shutterbeat: Zumba, Click and Flicks**

**Date:** 24/07/2024

**Venue:** Kishorbhai Institute of Agriculture Sciences and Research Centre

**Time:** 09:00 AM to 03:30 PM

**Total No. of Participants:** 09 (Nine)

**Name of the Experts:**

1. Dr. Bhavik Jhaveri
2. Dr. Stephen
3. Dr. David
4. Dr. Rajdip Vaja
5. Dr. Kala Chaudhary
6. Dr. Vaishali Birari
7. Dr. Nikunj Sohaliya
8. Ms. Snaa Mistry
9. Dr. Ankit Chaudhary
10. Dr. Vikram Shiyal

**Event Coordinators:** Dr. Vikram Shiyal & Dr. Sonali Chaudhari

**Program objective:** The objective of an orientation program is to familiarize new participants with an organization or institution, offering crucial insights into the benefits of Yoga and Zumba for daily living, various Agri-technologies for food production, the role of women in agriculture and the importance of games for both mental and physical health.

*R. Kishore*

**Program outline:** The 3<sup>rd</sup> day of orientation program included different sessions like Zumba and Yoga, awareness about Agri-technology for food, Agriculture Based Movie and Fun Games.

**Program outcomes:** An orientation program acquaints new participants with an organization or institution. The activities involved in Day 3 were curated to educate students on the health benefits of Zumba and yoga, raise awareness about agriculture-related technologies for food production, feature an agriculture-based movie to highlight the role of women in agriculture and incorporate fun games to boost students' spirits.

**Schedule of Event:**

Time	Activity
09:05 AM to 10:30 AM	Zumba and yoga session organized at KIASRC, UTU
10:30 AM to 11:00 AM	Session about awareness of Agri Technology for Food and its importance by Dr. Stephen, Dr. David and Dr. Rajdip Vaja
11:00 AM to 11:10 AM	Break
11:10 AM to 12:30 AM	Dr. Kala Chaudhary and Dr. Vaishali Birari arranged an Agri-based movie directed by Ms. Kiran Rao named, "Lapata Ladies" to aware the students womanhood in agriculture and also about the equality of both genders in pursuing dreams.
12:30 AM to 01:30 AM	Lunch Break
01:30 Am to 03:30 AM	Ice-breaker activities such as Agri-quiz, paper game emphasizing on potential of strong base in academics, musical chair were organised by Dr Nikunj Sohaliya, Ms. Snaa Mistry, Dr. Ankit Chaudhary and Dr. Vikram Shiyal

**List of Participants:**

Name of Participant	Stream	Name of Program
VASAVA PARTHKUMAR ANILBHAI	Agriculture	B.Sc. (Hons.) Agriculture
CHAUDHARI PRITIBEN PRAVINBHAI	Agriculture	B.Sc. (Hons.) Agriculture
CHAUDHRI NIDHIKUMARI RASIKBHAI	Agriculture	B.Sc. (Hons.) Agriculture
GAMIT SAHILKUMAR VASANTBHAI	Agriculture	B.Sc. (Hons.) Agriculture
JALONDHRA VISHAL MANSUKHBHAI	Agriculture	B.Sc. (Hons.) Agriculture
HARSH JITENDRASINH CHAUHAN	Agriculture	B.Sc. (Hons.) Agriculture
PATEL MIHIR PARBHUBHAI	Agriculture	B.Sc. (Hons.) Agriculture

PATEL DHRUVIKUMARI RAJESHBHAI	Agriculture	B.Sc. (Hons.) Agriculture
PATEL SHIKHA DHARMESH	Agriculture	B.Sc. (Hons.) Agriculture

A student orientation program is created to facilitate a smooth transition for new students into the academic and social aspects of their educational institution.

**Purpose:**

- To greet new students as they join the institution.
- To offer crucial information on health programs, agriculture-related technologies, women in agriculture and physical activities.
- To aid in social integration and help students build relationships with peers, faculty and staff.
- To address any questions or concerns new students might have.

**EVENTS ON DAY-3**

**Session 1: Yoga and Zumba Session**

In the first session of the day, starting with yoga and Zumba, Dr. Bhavik Jhaveri and his team provided information on various mudras, chakras and zumba movements, highlighting their significance for physical and mental health. They demonstrated these practices to the students, showing how to perform them correctly, while his team guided the students through the process. Dr. Jhaveri also educated the students on common mistakes to avoid in yoga and discussed its long-term mental health benefits. The session concluded with an open forum allowing students to ask questions and clarify any doubts or concerns about the program.

**Session 2: Agri - Technology for Food**

Dr. David began the session by introducing different agricultural technologies, presentation prepared by Dr. Stephen, using some Gujarati terms to help explain the concepts. After his presentation, Dr. Rajdip Vaja provided a thorough re-explanation in Gujarati to ensure the students fully understood the material.

**Session 3: Agriculture Based Movie**

Dr. Kala Chaudhary and Dr. Vaishali Birari refreshed our new students with the movie "Lapata Ladies," which they really enjoyed. Ms. Sanna provided an insightful interpretation of the film, highlighting how women can also be agriculturists and emphasizing the importance of ambition, passion, courage and hard work in achieving one's goals. She also

conveyed a valuable message about the qualities needed to support women, which is crucial for shaping students' personalities and behaviour. Following this session, students took a lunch break.

#### Session 4: Fun Games

After the lunch break, Dr. Nikunj Sohaliya, Ms. Snaa Mistry, Dr. Ankit Chaudhary and Dr. Vikram Shiyal organized fun games including Musical Chair, a Quiz Competition and Paper Games. Students eagerly participated, bringing their unique strategies to make the activities even more enjoyable and entertaining. The highlight of the day was when the freshers unexpectedly won the quiz competition against the seniors. The faculty's involvement added to the fun and Ms. Snaa rewarded the students with gifts, which made them even happier. The day concluded beautifully with photos and music.

#### Day 3 Highlights: Photos





### Concluding Remarks

In this orientation session, students learned about the health benefits of Zumba and yoga, gained insights into agriculture-related technologies for food production and understood the significance of women in agriculture. The fun games offered opportunities for students to connect with each other and with faculty members. In conclusion, the entire program aligns with NAAC criteria 5, focusing on student-oriented activities.

Report prepared by: Dr. Sonali Chaudhari

Date: 7<sup>th</sup> August, 2024

Sign of the Director

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